

*"Changing the world through the
love of dance one person at a time."*



inspire DANCE COMPANY

419.720.9009

Master Schedule for 2011-2012 Dance Season

MONDAY (*Company Members ONLY*)

4:30pm - 5:30pm.....Minis w/ Miss Dena

5:30pm - 6:00pm.....(Minis break)

Juniors choreography clean-up with Miss Dena

6:00pm - 7:00pm.....Technique w/ Miss Dena

(Every other week) Yoga, Pilates, Stretch & Strengthening
w/ Miss Kelly or Miss Kayla

7:00pm - 9:00pm.....Teens & Seniors technique w/ Miss Dena

(Every other week) Yoga, Pilates, Stretch & Strengthening
w/ Miss Kelly or Miss Kayla

TUESDAY

10:00am - 10:45am.....Pre-Ballet, Tap, Acro w/ Miss Dena

12:30pm - 1:15pm.....Pre-Ballet, Tap, Acro w/ Miss Dena

4:15pm - 5:00pm.....Pre-Ballet, Tap, Acro ages 3-5 w/ Miss Dena

5:00pm - 6:00pm.....Beginner/Intermediate Jazz ages 7-12 w/ Miss Dena

6:00pm - 7:00pm.....Musical Theatre w/ Miss Janna

7:00pm - 8:00pm.....Beginner/Intermediate Hip-Hop ages 6-11 w/ Miss Dena

8:00pm - 9:00pm.....Advanced Hip-Hop ages 12+ w/ Mr. Aaron

9:00pm - 10:00pm.....Adult Hip-Hop w/ Mr. Aaron

WEDNESDAY (*Company Members ONLY*)

4:30pm - 5:30pm.....Minis w/ Miss Dena

5:30pm - 6:30pm.....Ballet w/ Miss Kayla

6:30pm - 7:00pm.....Juniors technique, Stretch & Strengthening w/ Miss Kayla

7:00pm - 8:00pm.....Advanced Ballet for Teens & Seniors

8:00pm - 9:30pm.....Choreography clean-up and Technique w/ Miss Dena

THURSDAY

4:30pm - 5:30pm.....Beginner/Intermediate Tap w/ Miss Dena

5:30pm - 6:30pm.....Combo Class - Tap, Jazz, Ballet ages 5-7 w/ Miss Dena

6:30pm - 7:30pm.....Intermediate/Advanced Tap w/ Miss Karen

7:30pm - 8:30pm.....Lyrical w/ Miss Kayla

8:30pm - 9:30pm.....Advanced Jazz ages 12+ w/ Miss Kayla

FRIDAY

- Reserved for Private Lessons and Extra Practices

SATURDAY

9:15am - 10:00am...Pre-Ballet/Tap/ & Acro w/ Miss Dena

10:00am - 10:45am...Pre-Ballet/Tap/ & Acro ages 3-5 w/ Miss Dena

10:45am - 11:30am...Beginning Gymnastics w/ Miss Kayla

11:30am - 12:30pm...Intermediate/Advanced Gymnastics w/ Miss Kayla

12:30pm - 2:00pm.....Pointe

2:00pm - 5:00pm.....RESERVED for Competition Choreography and Technique

SUNDAY

- Reserved for Private Lessons and Extra Practices

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